

GIRLS NIGHT OUT

The Discussion Continues

with an interactive workshop

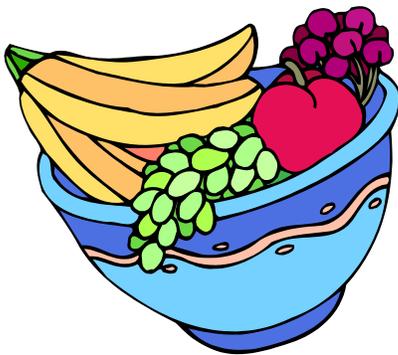
featuring

Dr. Charlotte Markey

Associate Professor & Graduate Director, Dept. of Psychology—Rutgers University

“What Are you Eating?”

Girls, Our Bodies, and Nutrition



When: Thursday, February 7, 2013
Time: 7 - 8:30 pm
Cost: FREE* *Registration preferred.*
Location: Rosa International Middle School
485 Browning Lane
Cherry Hill, NJ 08003

Let's talk about eating and nutrition. Life as a young person can be fast, furious, and fun. To grow and be healthy, you need to be active and eat the right foods. Because you are still growing, you need more energy than ever before.

What you eat will affect your performance!

*Welcoming girls and their parents/guardians for
an enlightening and amazing night!*

Open to grades 4th thru 12th.

For questions or to register:

856-488-7889 or Alliance@CHTownship.com



Funded by GCADA

This event is sponsored by S.C.O.P.E. (A partnership of Cherry Hill Public Schools, Zone PTA, Kennedy Health System, Character Education Initiative, and the Cherry Hill Alliance on Alcohol & Drug Abuse.), Rosa International Middle School, Rosa Peer Leadership and Jewish Family and Children Services.