



# Safety Facts on SCALD BURNS



## TAKE THE SCALD TEST:

- T or F **Hot** liquids can cause life-threatening burn injuries.
- T or F Scalds are the #1 cause of **burn** injury to children under age 4.
- T or F Accidents are more likely to happen when caregivers are in a hurry, angry, or stressed.
- T or F Microwaved foods can cause serious burns (even when they don't seem **hot**).
- T or F Tap water above 120°F can cause a 3<sup>rd</sup> degree **burn** in 5 seconds.
- T or F **Hot** tap water accounts for 17% of all childhood **scald** hospitalizations.

### **HOT LIQUIDS BURN LIKE FIRE**

*Over 500,000 scald burns occur in the United States every year.*

*The two highest risk populations are children under the age of 5 and adults over 65.*

## Scalds Can be Prevented:

- Always supervise children in the kitchen.
  - High chairs, feeding tables, etc. can limit a child's mobility while cooking.
  - Test all **heated** liquid/food before giving it to a child or placing it within his/her reach
  - Keep a "3 foot safety zone" around **hot** objects in the kitchen and elsewhere in your home which children are not allowed to enter.
  - Keep coffee, tea and other **hot** beverages a safe distance away from children. Never leave them unattended.
- Keep pot handles turned toward the back of the stove. Cook on rear burners. Install stove guards.



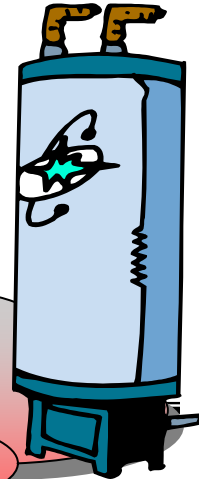
**Keep household water temperature at or below 120°**



# More Safety Facts on SCALD BURNS

## HOT TAP WATER AND SCALDS

*A major cause of burn injury; young children and older adults are at greatest risk.*



**The following measures can help prevent tap water scalds:**

- Before placing a child into the bath or getting into the tub yourself, **TEST THE TEMPERATURE** of the water by moving your hand rapidly and carefully through it.
- The temperature of water making contact with skin should not exceed 100°F.



- Never leave a young child unattended in the bathroom or tub.
- Use caution when bathing a small child in the sink. Single lever faucets are easy for young children to turn on.

- Adjust the thermostat on your water heater to produce a water temperature of **120°F or less**.
- Consider installing "anti-scald" devices on faucets and shower heads to prevent accidental scalds.

ANSWER KEY to TEST (previous page):  
All Are True

### HOT WATER CAUSES THIRD DEGREE BURNS . . .

